Personal Exposure of Traffic Policeman to Particulate Matter in Jakarta: Distribution of Size, Chemical Composition, and Work Time

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Abstract

Particulate matter (PM) is an air pollutant that has an impact on public health, especially in an urban area. The objective of this study was to analyze the personal concentration of PM_{2.5} and its composition among police working in the roadside area in Jakarta. PM measurement has done to the policeman that controlled traffic on four near highway locations in Jakarta. Sioutas impactor, Leland Legacy personal pump, and quartz fiber filter were chosen to measure the fine particles. Each PM was measured for 8-hour period. PM concentration was analyzed by the gravimetric method while tracing element and black carbon in PM_{0.25} by energy dispersive X-ray fluorescence (EDXRF) and EEL Smoke Stain Reflectometer. As a result, personal PM_{2.5} concentration in Jakarta during weekdays and weekends measurement are $93.43 \pm 10.84 \mu\text{g}/\text{m}^3$, and $75.68 \pm 12.01 \mu\text{g}/\text{m}^3$. S, K, Fe, Ca, Zn, and Pb are major elements found in all locations. The black carbon concentration during weekdays in all location was $11.46 \pm 6.97 \mu\text{g}/\text{m}^3$. A high concentration of fine particles, a traffic-related trace element in PM_{0.25}, and black carbon are showed that traffic-related source is the major contributor to a high level of fine particulate matter at near highway locations in Jakarta. The weekday's concentration of PM_{2.5} and PM_{0.25} among Jakarta Policemen was higher than in the weekend concentration. A particle with size of less than 0.25 μm dominated the fine particles concentration. Further researcher is expected to see the difference in the effects of traffic-related particulate matter exposure between traffic policeman and police who work at office.

Keywords: Black carbon, PM_{2.5}, particulate matter composition, traffic-related particulate matter

Introduction

Air pollution is a major environmental health problem for both developed and developing countries that may affect human health. WHO reported that there was a steady increase in mortality rate that causes by air pollution from 2008 to 2014.¹ Ambiance air pollution was assumed to hold responsibility for 1.3 million deaths in 2008, 3.7 million deaths in 2012, and 7 million deaths in 2014.^{1,2}

Air pollution is the presence of one or more substances in the air that exceed the normal concentration and has the potential to affect human health. By their nature; air pollution source can be classified as natural and anthropogenic sources. The main sources in most areas are vehicle engine combustion, power plant emission, industrial and agriculture activities, cooking

activity, re-emission from terrestrial and water surface, chemical production, distribution, and usage.³ Daily, weekly and seasonal changes of air pollution condition in an area are affected by source activity and meteorological factor.

Jakarta, the capital city of Indonesia, also has an air pollution problem. In the transportation sector, in 2014, Jakarta has about 17 million registered motor vehicles.⁴ The fact above leads the road transportation section, along with the industrial section and the domestic waste incineration as a major source of particulate matter (PM) pollutant.⁵ Aside from increasing concentration of PM in air ambient, vehicle emission also a major contributor for the increasing concentration of nitrogen oxide (NO_x) and other carbon emissions, such as carbon monoxide (CO), black carbon (BC), organic carbon (OC) and

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volatile organic compounds (VOCs).⁵ PM is a liquid droplet and solid with a microscopic size that suspended in the air and can penetrate deeply into the human's lung and cause an adverse health effect.⁶ PM is classified into 3 classes by size, ultrafine ($\leq 1 \mu\text{m}$), fine ($1 - 2.5 \mu\text{m}$), and coarse particles ($2.5 - 10 \mu\text{m}$). Fine particulates (PM 2.5) is notorious for its health effect such as premature deaths in people with heart or lung disease, nonfatal heart attack, heart arrhythmias, aggravated asthma, decreased lung function, increased respiratory symptoms, such as irritation of the airways, coughing or difficulty breathing.

Health effect that caused by PM is affected by its concentration and exposure duration. The study by Committee on the Medical Effects of Air Pollution (COMEAP) shows that there is a correlation between daily exposure of PM with the acute effect of cardiovascular disease, based on the meta-analysis data, every concentration escalation of $10 \mu\text{g}/\text{m}^3$ will increase 1.4% relative risk of death by cardiovascular disease.⁷ The other review shows that every concentration escalation of PM in both short-term and long-term exposure has an association with the elevation of death from cardiovascular and lung disease, and from all-cause.⁸ While, the long-term exposure of PM has a correlation with the increase of blood markers from cardiovascular disease and elevate of histopathological markers from chronic subclinical lung inflammation and subclinical atherosclerosis.

Vehicle emission release abundance level of particulate matter, the previous study found that the fine particles concentration from vehicle source in motor vehicle testing center that exposes the mechanics extent to $149.01 \pm 60.33 \mu\text{g}/\text{m}^3$.⁹ On another study on PM effect from testing of male Fischer 344, it was found that particulate with nanometer size from diesel engine combustion process induces reproductive system disorders such elevation of testosterone level in low exposure and middle exposure group.¹⁰

The health problems that arise due to exposure to PM_{2.5} needs to be undertaken by preventing with a strategic and comprehensive strategy. One of the critical attempts made in disease prevention is to determine the concentration, composition, and size distribution by measure the personal exposure of PM_{2.5} at workers, who work in the roadside area. The objective of this study was to analyze the personal concentration of PM_{2.5} and composition among police who worked in the roadside area in Jakarta.

Method

This study was designed to show the size distribution and chemical composition of fine particles. PM collected for 8 hours from each worker on four roadside area in

Jakarta from March to May 2015. Six and four samples collected for weekday and weekend periods in every sample location. PM collection was done according to EPA IP 10 A adapted by SKC. Inc standard (SKC Inc., 2004). The PM concentration analyzed using gravimetric method while the element composition and black carbon were analyzed using Energy Diffraction X-ray Fluorescence (EDXRF) and EEL Smoke Stain Reflectometer respectively.

Fine particles were measured in four sample points in Jakarta. Harmoni, Senayan, Semanggi, and Pancoran were selected as a sample point due to the heavy traffic that always happened in those areas. Sample apparatus placed in the breath zone of the police officer for 8 hours during his shift. Fine particles were measured based on US EPA IP 10 A method that updated by SKC. Inc in 2004. Particulate matters were divided into five groups according to their size using Sioutas Impactor. Sioutas Impactor placed in the breathing zone area of the policeman. Ambient air sucked using Leland Legacy personal pump constantly on 9 L/minute during the measurement. Quarts fiber filter placed in every stage of the Sioutas impactor to filtering the PM.

The concentration of fine particles analyzed using the gravimetric method. Every filter is placed in a balance room for 24 hours prior to the initial and final weighing using microbalance. Qualitative and quantitative analysis of element composition were done using Energy Diffraction X-ray Fluorescence (EDXRF) in Center of Nuclear Technology for Materials and Radiometry, BATAN Bandung. EDXRF is stationary spectrometer and methodical analysis of energy-dispersive X-Ray Fluorescence. All of the sample element is excited by bombarding with high-energy X-rays, and an energy dispersive detector in combination with a multi-channel analyzer was used to simultaneously collect the fluorescence radiation emitted from the sample and to separate the different energies of the characteristic radiation from each of the different sample element.¹¹

Black carbon concentration analysis was performed using EEL Smoke Stain Reflectometer. Diffusion of light produced by tungsten light will pass through the holes contained in the photocell is shaped like a bracelet, to project and determine sample point, then the light will be reflected back to the photocell. Reflectance obtained from the filter exposed (R in%) will be compared with the reflectance of the empty filter ($R_0 = 100\%$). Light reflected by the surface of the exposed filter will pass through several layers of particles on the surface two times, it causes attenuation upon reflection occurs two times.¹²

Continuous data will be displayed in the form of average with a standard deviation (SD) and data obtained from the exposed and unexposed groups are

compared using a two-tailed t-test. This study has been reviewed by the Ethics Commission of Faculty of Public Health Universitas Indonesia (No. 71/2012).

Results

The t-test result in Table 1 shows that the concentration distribution for each PM size is higher on the weekdays than on the weekends. On the weekdays, the distribution of PM concentration is higher in the morning shift (06:00 a.m. - 02:00 p.m.) than in the afternoon shift (02:00 - 08:00 p.m.). While, on the weekends, it is higher in the afternoon than in the morning shift, except at Harmoni. On the weekdays, the concentration of personal PM exposure on traffic police at Bundaran Senayan area is the highest concentration compared to other areas. However, on the weekends, the highest PM exposure concentration is at Pancoran.

Figure 1 displays the concentration of element composition from PM_{0.25} from four different locations in Jakarta. There is a similar pattern from elemental com-

position distribution in all area, where sulphur (S), potassium (K), iron (Fe), carbon (Ca), zinc (Zn), and lead (Pb) concentration were fairly high in all sampling area. If based on each location, the highest concentration of elements in Semanggi are S (2.90 µg/m³), Ca (1.63 µg/m³), and Zn (1.40 µg/m³). In Harmoni, there are Ca (1.14 µg/m³), Zn (1.07 µg/m³), and S (0.85 µg/m³) as the highest element concentration. While in Pancoran the highest concentration are Ca (1.28 µg/m³), S (1.24 µg/m³), and Zn (1.14 µg/m³). Then in Senayan are Ca (1.89 µg/m³), Zn (0.89 µg/m³), and Fe (0.65 µg/m³) as the highest element concentration.

Table 1. Size Distribution of Traffic Related Particulate Matter

Location	Shift	Size (µm)	Weekday	Weekend
Harmoni	AM	PM _{2.5}	89.25 ± 16.95*.#	80.25 ± 3.27
		PM ₁	65.59 ± 5.83	64.43 ± 2.73
		PM _{0.5}	49.90 ± 2.36	50.54 ± 3.82
	PM	PM _{0.25}	47.48 ± 5.70	53.66 ± 4.70
		PM _{2.5}	83.33 ± 14.04*	67.52 ± 8.18
		PM ₁	65.33 ± 9.59*	58.26 ± 8.18
Bundaran Senayan	AM	PM _{0.5}	54.53 ± 10.92	50.54 ± 7.09
		PM _{0.25}	55.08 ± 13.99	55.08 ± 2.69
		PM _{2.5}	104.17 ± 6.86*.#	65.35 ± 28.70
	PM	PM ₁	76.90 ± 3.96*.#	48.38 ± 19.97
		PM _{0.5}	54.27 ± 9.27*.#	38.97 ± 16.91
		PM _{0.25}	53.50 ± 7.38*.#	40.36 ± 14.10
Semanggi	AM	PM _{2.5}	88.22 ± 6.35*	85.57 ± 8.62
		PM ₁	65.17 ± 1.64*	63.27 ± 4.36
		PM _{0.5}	49.23 ± 1.42	49.38 ± 2.18
	PM	PM _{0.25}	45.87 ± 2.14	47.48 ± 0.00
		PM _{2.5}	93.88 ± 5.25*	76.08 ± 2.62
		PM ₁	79.48 ± 4.08*.#	60.65 ± 0.44
Pancoran	AM	PM _{0.5}	71.50 ± 4.45*.#	47.84 ± 0.00
		PM _{0.25}	51.70 ± 5.40	44.75 ± 2.18
		PM _{2.5}	85.57 ± 2.74*	76.77 ± 2.73
	PM	PM ₁	71.94 ± 3.25*	62.50 ± 1.09
		PM _{0.5}	61.91 ± 1.82*	51.70 ± 1.09
		PM _{0.25}	50.33 ± 5.31*	44.37 ± 0.55
All	AM	PM _{2.5}	86.42 ± 3.36*	81.02 ± 0.00
		PM ₁	66.10 ± 5.25	61.73 ± 5.46
		PM _{0.5}	54.27 ± 1.94	51.31 ± 0.55
	PM	PM _{0.25}	40.12 ± 3.54	40.90 ± 3.27
		PM _{2.5}	89.76 ± 12.47*	77.35 ± 0.49
		PM ₁	52.21 ± 8.25*	42.25 ± 0.05
All	AM	PM _{0.5}	40.12 ± 5.56*	30.29 ± 0.49
		PM _{0.25}	32.92 ± 4.96*	23.23 ± 0.11
		PM _{2.5}	93.43 ± 10.84*	75.68 ± 12.01
	PM	PM ₁	72.02 ± 7.72	58.80 ± 9.62
		PM _{0.5}	57.48 ± 9.79	47.16 ± 7.85
		PM _{0.25}	48.20 ± 7.23	44.92 ± 7.61
All	AM	PM _{2.5}	86.72 ± 8.91	76.80 ± 7.71
		PM ₁	63.66 ± 9.34	56.57 ± 9.11
		PM _{0.5}	51.45 ± 9.85	45.48 ± 9.20
	PM	PM _{0.25}	46.05 ± 10.97	42.54 ± 11.85

*p < 0.05 compared with the Weekend group

#p < 0.05 compared with the PM group

Figure 1. Chemical Composition of Traffic-Related Particulate Matter in Semanggi (A), Harmoni (B), Pancoran (C), and Senayan (D)

Note: *p < 0.05

Figure 2. Black Carbon Concentration of Traffic-Related Particulate Matter

Figure 2 shows that the concentration of black carbon at each location is higher on the weekdays than on the weekends, except in the Semanggi. Based on work shifts, the concentration of black carbon is higher in the morning shift (06:00 a.m. - 02:00 p.m.) than in the afternoon shift (02:00 p.m. - 08:00 p.m.). Then, the location that has the highest black carbon concentration is Semanggi, and the lowest is Harmoni.

Discussion

The study showed that the personal concentration of PM_{2.5} and PM_{0.25} among Jakarta Policemen was higher on weekdays than on the weekend. A particle with a size of less than 0.25 µm dominated the fine particles concentration. High levels of submicron/ultrafine particles indicated that vehicle emission coming from combustion and the high-temperature process was the major source of particulate matter in this study. S, K, Fe, Ca, Zn, and Pb are an element with a high concentration in submicron particulate.

Reduced PM concentration during weekends due to the car-free day program that is held on Sundays. However, because it was only carried out on the North-South route, which was around the Sudirman and Thamrin roads, PM concentrations in the East-West route, such as in the Pancoran area, has the highest concentration on weekends. Measurement point that located at the roadside of the highway is the main reason why the mean concentration of fine particles was fairly high. The other study stated there was a decrease in the mean concentration of fine particles particularly with size within 0.015 - 0.697 µm along with the increasing distance between the highway and the sampling point; this indicates that particles within those sizes were linked to traffic activity.¹³ The high concentration of ultrafine particles (< 1 µm) is forming by combustion and high-temperature process.¹⁴ Furthermore, another study also found that vehicle emission is the source of the

abundance of ultrafine particles, especially in an urban environment.¹⁵ This study showed that, on the weekdays, PM concentrations were higher in the morning shift. This might be due to the high number of vehicles on the highway. Based on previous study, vehicles on highways in the morning are higher and cause re-emissions through circulation caused by passing vehicles.¹⁶

In the analysis, element composition in PM_{0.25}, was obtained a fairly high sulphur (S) content, where the highest concentration reached 2,897.43 ng/m³ (Semanggi), while the lowest concentrations of reach 550.83 ng/m³ (Senayan). That result is in line with previous studies conducted around the highway in the Netherlands and Jakarta where the highest concentration of sulfur in fine particles reach to 1,426.60 ng/m³ and 1,177.02 ng/m³ respectively.¹⁷ The high concentration of S occurs due to sulphur usability as an impurity agent of fuel and lubricant additives.¹⁸ Cross & Hunter,¹⁹ in another study stated that sulphur particles appear as a trace species of diesel engines fuels and as lubricants additives.

The emergence of potassium (K) in the air is due to the number of vehicles using diesel engines with a lack of maintenance on the highway. A previous study conducted in 2008 - 2009 showed a considerable difference compared with the results obtained in the present study. Potassium levels found in that study are four times smaller if compared with the levels of potassium in the Semanggi area (867.07 ng/m³).¹⁷ In the study conducted in the Hsuehshan tunnel, Taiwan indicated that K has an association with the wear debris, re-suspended dust, and emissions from gasoline-fueled vehicles.²⁰ Potassium appearance also associated with diesel use for diesel engine and engine wear.¹⁹

Fe, Cu, and Mn are considered a fingerprint of the traffic-related dust. Based on measurements taken in Netherlands, the comparison of concentration levels of Fe, Cu and Mn in PM_{2.5} between the highway and suburban locations in order are 1.9 : 2.3 : 1.4.²¹ Moreover, Fe, Cu and Mn concentration in Jakarta are 141.33 ng/m³, 5.56 ng/m³, and 7.24 ng/m³ respectively.¹⁷ When compared to Senayan, Harmony, and Semanggi, which is the location that has the highest concentration of Fe, Cu, and Mn, the levels obtained from previous studies are much lower. Fe, Cu, and Mn concentration in this study are six times, 20 times, and four times higher compared to the study conducted in Jakarta.¹⁷ Other studies related Fe states that the enrichment factor of iron (Fe) in the Hsuehshan tunnel entrance is at 5 - 11, while the exit is at 12 - 21, the difference of these enrichment factors indicate that the Fe contained in the tunnel mostly generated by anthropogenic emissions, not from road dust.²⁰ Still from the

same study, there is a correlation found among Fe with Cu, Ba, and Sb is all size particles (coarse, fine and ultra-fine) as a proof that wears dust is the major contributor of Fe concentration in Hsuehshan tunnel.

Harmoni is a location with the highest $PM_{0.25}$ and Cu concentration. Cu concentration in Harmoni surpass the Cu concentration from the previous study in Netherlands roadside, where Cu mean concentration in fine particles is 28.33 ng/m^3 .²² Other previous studies indicate that Cu was coming from wear-abrasive sources and wear debris.²⁰⁻²³ Cu appearance is consistent in the roadside area because it is an additional material contained in lubricants, as well as forming during the braking process.²³

Manganese (Mn) normal annual concentration both in a rural and urban area without manganese pollutant sources is between $0.01 - 0.07 \text{ } \mu\text{g/m}^3$, while common Mn annual mean concentration in the area near the foundries and around Ferro- and silico-manganese industries may rise to $0.2 - 0.3 \text{ } \mu\text{g/m}^3$ and $0.5 \text{ } \mu\text{g/m}^3$ respectively.²⁴ When compared to the standard before, Mn concentration in Jakarta is still considered safe. From the observation taken, there was no foundries nor Ferro- or silico-manganese industries around all the sample point. Mn in Jakarta air ambient may come from diesel engine exhaust.²⁰

Zinc (Zn) is one element that has the highest concentration in all four test sites with mean concentration is $1,126.32 \text{ ng/m}^3$. That concentration is considered fairly high compared to other studies. From the study conducted in Jakarta, Zn was detected up to 18 times lower than the levels of Zn Semanggi.¹⁷ Furthermore, on study conducted in Europe showed the average concentration of Zn in $PM_{2.5}$ around the highway in Rotterdam and for eight highways in Netherlands amounted to 145.55 ng/m^3 and 25.57 ng/m^3 respectively.^{21,22} Zinc itself is commonly used as additives or impurities from diesel fuel and lubricants, such as the zinc dialkyl dithiophosphate (ZDDP), which are additives used in a lubricant that is useful to improve the anti-wear properties and antioxidant abilities on fuel.²⁵ Additives for lubricating oils such as calcium, zinc, and phosphorus generally cannot be detected on diesel fuel, based on that founding, Zn can be used as a fingerprint of organic aerosols generated from the lubricating oil contained in the diesel engines exhaust.²⁵

National Ambient Air Quality Standard (NAAQS) specify $0.15 \text{ } \mu\text{g/m}^3$ as the limit concentration of lead (Pb) in air ambient. For measurements taken at four locations in Jakarta, Harmoni had the highest concentration of lead at $0.37 \text{ } \mu\text{g/m}^3$. Pb contained in Harmoni 4 - 6 fold higher compared to other locations, and nine times higher compared to previous studies.¹⁷ Pb itself has a strong correlation with Zn ($r > 0.75$) on fine-particle phase; it

shows that Pb may be generated from diesel engines combustion process.²⁰

The uppermost and the bottommost concentration of calcium (Ca) in all sampling areas are located in Sena yan with ($1,892.52 \text{ ng/m}^3$) and Harmoni with ($1,140.62 \text{ ng/m}^3$). The obtained results from this study showed the differences compared to the previous study

in the Netherlands where Ca concentration in $PM_{2.5}$ levels in eight locations highways was amounted to 38.04 ng/m^3 .²¹ Wear debris, road dust, and gasoline were the sources of Ca.²⁰

Significant differences between this study and the previous study in Jakarta may occur as a result of several factors. Santoso measures the fine particles for 12 hours long, once in a week for one year period.¹⁷ Sampling method, material, and sampling location are quite different from this study that used personal sampler attached to the policeman who had to manage the traffic during the sampling period.

Black Carbon concentration in Semanggi is higher than the other studies. The US Environmental Protection Agency writes BC concentration from countries around the world in the report for the Congress of Black Carbon.²⁶ China, as one of the countries with the highest level of BC, has a BC concentration of around $0.3 - 14.2 \text{ } \mu\text{g/m}^3$ in 2006. Furthermore, BC measurements which were conducted in 12 locations in the UK in 2006 alone showed that the average annual concentration of Black Carbon in the UK amounted to $5.0 - 16.0 \text{ } \mu\text{g/m}^3$. Both the UK and China have lower Black Carbon levels compared to the levels obtained in Semanggi. The measurement of Black Carbon that conducted in Pondok Indah Indonesia between 2008 - 2009 also showed that Black Carbon level in that location is still lower than Black Carbon level in Semanggi with a mean concentration of Black Carbon only around $8.17 \text{ } \mu\text{g/m}^3$.¹⁷

Abundance pollutant from vehicle emission near the sampling location has a major influence of the high level of BC that trapped in the filter. Black carbon was formed from fossil fuels, biofuels, and biomass combustion process biomass.²⁶ Contrast variation of Black Carbon concentration in an urban and rural area in China, where Black Carbon concentration in a rural area was about $0.3 - 5.3 \text{ } \mu\text{g/m}^3$ while in urban area where up to $9.3 - 14.2 \text{ } \mu\text{g/m}^3$ proved that traffic density take major rules in BC concentration in air ambient.²⁶

Conclusion

In conclusion, the weekday's personal concentration of PM in Jakarta Policemen is higher than on the weekend. On weekdays, concentrations of PM are higher in the morning shift than in the afternoon shift. A particle with a size less than $0.25 \text{ } \mu\text{m}$ dominated the fine particles concentration. A high concentration of fine particles, a

traffic-related trace element in PM_{0.25}, and black carbon are showed that traffic-related source is the major contributor to a high level of fine particulate matter in Jakarta. Further researcher is expected to see the difference in the effects of traffic-related particulate matter exposure between traffic policeman and police who work at office.

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